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ABSTRACT

This guide, part of the "Seeds for Success" series, provides an opportunity for adults to reflect on how they communicate with and affect children. The guide offers practical advice for nurturing a child's feelings of being lovable and capable by means of nearly 100 simple activity ideas designed for use with 3- to 5-year-olds. Activities are offered in the following areas: (1) "Feeling Loved"; (2) "Being Healthy"; (3) "Being Positive about Me"; (4) "Being Friendly"; (5) "Feeling Capable"; (6) "Being Emotionally Secure"; (7) "Feeling OK about Being Imperfect"; and (8) "Being Family-Oriented." (EV)

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